



Our Daily Food

Objectives of the workshop

- Awareness of discrepancies of the economical, social and political nature
- Understanding the needs-resources balance in the context of sustainable development
- Identifying various food consumption aspects that differentiate us but also resemble us as a species
- Formulation of possible solutions for solving / improving problems related to the lack of food

I. Let's get to know each other (Choose a fruit or a vegetable and write on it: your name, your country, and why you chose that fruit / vegetable).

II. Our workshop targets goals of development sustainable: 1, 2 and 3.

GOAL 1 End Poverty in all its forms everywhere



GOAL 2 End hunger, achieve food security and improved nutrition and promote sustainable agriculture



**GOAL 12: Ensure sustainable consumption and production patterns
(Responsible consumption and production)**



III. Participants will be divided in 4 teams (apple, strawberries, carrots, grapes). Each team will receive a file in which it is written: you are a family living in a country (Germany, North Carolina, Mali, Ecuador) Try to calculate the amount your family spends each week on food , after you have chosen the products you usually consume in a week.

- Germany: 380 euro/week spends Melander family from Bargteheide city for 4 members.



- America: 260 euro for a family with 4 members from North Carolina (USA).



- Mali: Natomous family from Kouakourou (15 members) – 19 euro/week.



- Ecuador: Ayme family - 9 members, from Tingo. They spend 25 euro for food/week.

